Marc Brackett, PhD
Director of Yale Center for Emotional Intelligence

Marc Brackett, Ph.D., is Director of the Yale Center for Emotional Intelligence, Senior Research Scientist in Psychology, and Faculty Fellow in the Edward Zigler Center in Child Development and Social Policy at Yale University. Dr. Brackett is an author of over 100 scholarly publications which focus on (1) the role of emotions in learning, decision making, relationship quality, and mental health, (2) the measurement of emotional intelligence, and (3) experiments to demonstrate how emotional intelligence training improves people’s lives. Dr. Brackett is the developer of RULER—a CASEL SELection social and emotional learning program that has reached nearly 1 million students from kindergarten to high school as well as school leaders, teachers, staff, and families. RULER has been shown to boost academic performance, decrease school problems, enrich classroom climates, and enhance teacher instructional practices. Dr. Brackett is a recipient of numerous awards, including the Joseph E. Zins Award for his research on emotional intelligence, and he serves on a wide-range of advisory boards. Dr. Brackett consults with school systems and corporations around the world. Currently, he consults with Facebook on two projects. The first is a large-scale study to prevent and decrease bullying and the second is an online bullying prevention center to help children, families, and schools better manage bullying.

ACCREDITATION
The Yale School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

NEEDS ASSESSMENT
The YSM medical education community requested seminars on enhancement of faculty teaching and curriculum writing.

LEARNING OBJECTIVES
At the conclusion of this activity, participants will know:

• How emotions influence memory, decision making, relationships, mental health, and everyday effectiveness
• About the ability model of emotional intelligence
• The relevant and specific strategies and tools to enhance emotional intelligence for adults in the medical profession

DESIGNATION STATEMENT
The Yale School of Medicine designates this educational activity for 1 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES
It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs.

There is no corporate support for this activity.