Creating a Healthy Learning Environment:
From students, to residents and faculty

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How do we think strategically and critically about how to address wellbeing and self-care as a core competency in medical education? In this highly interactive session, we will explore how to discuss burnout, how to teach about building resilience. In addition, we will discuss how to identify faculty, residents and students at risk. A simple tool to use to complete a needs assessment to identify successful strategies and to facilitate the development of new initiatives to address medical student and physician well-being will be presented.

Learning Objectives:
1. Describe the key factors contributing to burnout, strategies for improving resilience and approaches to identifying those at risk.
2. Identify stressors and supports in their own learning environment.
3. Conduct an initial needs assessment in this area using a structured tool.

ACCREDITATION
The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE
Faculty, residents, students and staff involved in education of health care professional trainees.

NEEDS ASSESSMENT
The YSM medical education community requested seminars on enhancement of faculty teaching, education and curriculum writing.

DESIGNATION STATEMENT
The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Non-physician health care professional attendees are provided with a Certificate of Attendance, which may be submitted to their respective board along with other required support documentation for attendance credit.

FACULTY DISCLOSURES
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