Yale SCHOOL OF MEDICINE Teaching and Learning Center

Medical Education Discussion Group

General Faculty Development Series
Monday, December 12, 2016
12:00 to 1:00pm

Cohen Auditorium, Child Study Center 230 South Frontage Road – E Floor

~ Bottled water will be served. Please feel free to bring your lunch. ~ **RSVP: dorothy.debernardo@yale.edu**

Creating a Healthy Learning Environment: From students, to residents and faculty



Facilitated by: Lyuba Konopasek, MD
Designated Institutional Official (DIO)
NewYork-Presbyterian Hospital
Associate Professor of Pediatrics
Weill Cornell Medical College

How do we think strategically and critically about how to address wellbeing and self-care as a core competency in medical education? In this highly interactive session, we will explore how to discuss burnout, how to teach about building resilience. In addition, we will discuss how to identify faculty, residents and students at risk. A simple tool to use to complete a needs assessment to identify successful strategies and to facilitate the development of new initiatives to address medical student and physician well-being will be presented.

Learning Objectives:

- 1. Describe the key factors contributing to burnout, strategies for improving resilience and approaches to identifying those at risk.
- 2. Identify stressors and supports in their own learning environment.
- 3. Conduct an initial needs assessment in this area using a structured tool.

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. <u>TARGET AUDIENCE</u>

Faculty, residents, students and staff involved in education of health care professional trainees.

NEEDS ASSESSMENT

The YSM medical education community requested seminars on enhancement of faculty teaching, education and curriculum writing.

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity. Non-physician health care professional attendees are provided with a Certificate of Attendance, which may be submitted to their respective board along with other required support documentation for attendance credit.

FACULTY DISCLOSURES

Dr. Lyuba Konopasek has no conflicts of interest to disclose. Janet Hafler, EdD, Director of this Course has no conflicts of interest to disclose. It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs.

There is no corporate support for this activity.

